

Colorado State University
College of Veterinary Medicine and Biomedical Sciences

Professional Veterinary Medical Program
Student Counseling Services

Emotional stress is a common experience in the veterinary profession and for PVM students who typically have high expectations for their academic performance. The CVMBS has a strong institutional commitment to providing support in whatever way our faculty and staff can. We encourage faculty not to dismiss student's emotions, to recognize their need for reassurance and encouragement, and to attend to their problems in responsible and skilled ways.

Dr. Lori Kogan, Director of Professional Veterinary Medicine Student Affairs, is considered a “first contact” for both students and faculty for any “personal student problem” situations. She can assist in directing students to needed resources and can discuss PVM program options (e.g., leave of absence). E-mail: Lori.Kogan@colostate.edu; office phone: (970) 491-7984.

Dr. Lori Kogan is also the college psychologist. She is available for confidential individual and couples counseling. She helps students with a variety of issues including (but not limited to) stress management, test anxiety, depression, anxiety, and relationship concerns. Dr. Kogan can also help with learning disabilities and ADHD concerns. Please contact Dr. Kogan by e-mail (Lori.Kogan@ColoState.EDU), or by phone (970) 491-7984.

Both Dr. Lori Kogan and Dr. Peter Hellyer, the Associate Dean for the Professional Veterinary Medical Program, are available for students experiencing academic difficulties to identify potential tutoring needs or special accommodations, as well as providing guidance through the academic probation or dismissal/readmissions processes. Contact for the Associate Dean for the PVM Program may be made by e-mail: Peter.Hellyer@ColoState.EDU or by phone (970) 491-2009.

There are other University resources for personal counseling available to PVM students. Students have full access to the University Counseling Center at 123 Aylesworth Hall NW, web address <http://www.counseling.colostate.edu/>; phone number (970) 491-6053. Twenty-four hour emergency service is also available through the center by calling the CSU police department (491-7111). Students should be aware that the number of visits allowed is limited, at which time referrals to local private practice therapists are encouraged.

The support team at the Argus Institute for Families and Veterinary Medicine provides support for faculty, staff, students, as well as clients of the Veterinary Teaching Hospital (VTH). When you are on-site at the VTH as a junior or senior student, the Argus counselors are available to assist you - phone (970) 297-1242 or (970) 297-4143.

The CSU Hartshorn Health Service <http://www.colostate.edu/Depts/HHS/>, (970) 491-7121, on the main campus, has a full-time psychiatrist on staff; however, students must be referred by the University Counseling Center, or Dr. Kogan, before making an appointment.

All of these services are provided at reduced charge (or no charge) to the students and are actually paid for in part by their student fees.

If a student is in imminent crisis (suicidal, severe depression), a suggestion may be to contact Dr. Kogan, Dr. Stewart, a counselor from the Argus Institute, or to personally take the student to the University Counseling Center to assure contact has been made. If you anticipate feeling comfortable escorting a student yourself, you may want to stop by the center to familiarize yourself in advance with its location.

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